

Father Abraham had many sons
Many sons had Father Abraham
I am one of them and so are you
So let's all praise the Lord.
Right arm!

Father Abraham had many sons
Many sons had Father Abraham
I am one of them and so are you
So let's all praise the Lord.
Right arm, left arm!

Father Abraham had many sons
Many sons had Father Abraham
I am one of them and so are you
So let's all praise the Lord.
Right arm, left arm, right foot!

Father Abraham had many sons
Many sons had Father Abraham
I am one of them and so are you
So let's all praise the Lord.
Right arm, left arm, right foot, left foot!



Father Abraham had many sons
Many sons had Father Abraham
I am one of them and so are you
So let's all praise the Lord.
Right arm, left arm, right foot, left foot,
Chin up!

Father Abraham had many sons
Many sons had Father Abraham
I am one of them and so are you
So let's all praise the Lord.
Right arm, left arm, right foot, left foot,
Chin up, turn around!

Father Abraham had many sons
Many sons had Father Abraham
I am one of them and so are you
So let's all praise the Lord.
Right arm, left arm, right foot, left foot,
Chin up, turn around, sit down!



ACTIONS:

Right arm: Clench fist, bend and extend arm upward repeatedly

Left arm: Add left arm in same motion as right

Right foot: Add right foot stepping up and down

Left foot: Add left foot stepping up and down

Chin up: Add head nodding up and down

Turn around: Add turning in place while continuing other motions

Sit down: Sit down